

# CRAFT YOUR CAREER PATH

MAVENLY + CO. | SUPERNOVA SOUTH

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# IN THIS WORKSHOP

Find clarity

Gain confidence

Be in control

# MAVENLY MINDSET

We believe that designing a career & life with purpose begins with understanding your **values, strengths, and priorities.**

This understanding of who you are at your core leads to making well informed **decisions** + building intentional **habits** to set you up for success.

This mindset will encourage you to take ownership of your individual journey & move forward with **clarity, confidence, and control.**

WHAT DO YOU  
WANT TO DO?

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do what you love.

# THE CHALLENGES

Paradox of Choice

Societal narratives

Self-awareness

Expectations

What do you want your  
path to look like?

# THE FACTORS

1. Positive Emotion
2. Engagement
3. Meaning
4. Relationships
5. Accomplishment



FROM

**STARTING WITH THE OUTCOME**

TO

**STARTING WITH THE FEELING**

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FROM

**WHAT ARE MY SKILLS**

TO

**WHAT ARE MY STRENGTHS**

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1. When have you felt the most proud/accomplished?
2. When have you felt the most energized/strong?
3. When have you lost track of time?

FROM

**SETTING GOALS**

TO

**BUILDING HABITS**

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FROM

**ALL OR NOTHING**

TO

**AIMING SMART**

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FROM

**I WANT TO DO THIS BUT...**

TO

**I WANT TO DO THIS AND...**

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FROM

**ME, MYSELF, AND I**

TO

**ME, YOU, AND US**

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FROM

**ASKING FOR MORE**

TO

**TRADING VALUE**

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FROM

**WHAT DO I WANT?**

TO

**WHY DO I WANT IT?**

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In my career, I feel (x) .

I contribute meaningfully to/by (x) and I get energy from (x).

I have achieved (x) which is important to me because (x).

I have learned (x) and measure success by (x) .

I hope to teach (x), give (x), receive (x), and trust that (x) .

I will let go of my fears around (x) and realize that I can (x).

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QUESTIONS?  
LET US KNOW.

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