CRAFT YOUR CAREER PATH
MAVENLY + CO. | SUPERNova SOUTH
IN THIS WORKSHOP

Find clarity
Gain confidence
Be in control
MAVENLY MINDSET

We believe that designing a career & life with purpose begins with understanding your values, strengths, and priorities.

This understanding of who you are at your core leads to making well-informed decisions + building intentional habits to set you up for success.

This mindset will encourage you to take ownership of your individual journey & move forward with clarity, confidence, and control.
WHAT DO YOU WANT TO DO?
do what you love.
THE CHALLENGES

Paradox of Choice
Societal narratives
Self-awareness
Expectations
What do you want your path to look like?
1. Positive Emotion
2. Engagement
3. Meaning
4. Relationships
5. Accomplishment
FROM

STARTING WITH THE OUTCOME

TO

STARTING WITH THE FEELING

MAVENLY + CO.
FROM

WHAT ARE MY SKILLS

TO

WHAT ARE MY STRENGTHS
1. When have you felt the most proud/accomplished?

2. When have you felt the most energized/strong?

3. When have you lost track of time?
FROM

SETTING GOALS

to

BUILDING HABITS
FROM ALL OR NOTHING TO AIMING SMART
FROM

I WANT TO DO THIS BUT...

TO

I WANT TO DO THIS AND...
FROM

ME, MYSELF, AND I

TO

ME, YOU, AND US

MAVENLY + CO.
FROM

ASKING FOR MORE

TO

TRADING VALUE
FROM

WHAT DO I WANT?

TO

WHY DO I WANT IT?
In my career, I feel (x).

I contribute meaningfully to/by (x) and I get energy from (x).

I have achieved (x) which is important to me because (x).

I have learned (x) and measure success by (x).

I hope to teach (x), give (x), receive (x), and trust that (x).

I will let go of my fears around (x) and realize that I can (x).
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(mavenly.co/tools for your free downloads)
QUESTIONS?
LET US KNOW.

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